Exogenous Fluorescent Agents for the Determination of Glomerular Filtration Rate

Raghavan Rajagopalan and Richard B. Dorshow Covidien Pharmaceuticals, Hazelwood, Missouri, USA

1. Introduction

Glomerular filtration rate (GFR) is now widely accepted as the best indicator of renal function in the state of health and illness.^{1,2} Current clinical guidelines advocate its use in the staging of chronic kidney disease as well as in assessing the risk of kidney failure under acute clinical, physiological, and pathological conditions.³⁻⁶ Acute renal failure (ARF) is a major cause of complications in the post-surgical and post-intervention vascular and cardiac procedure patient populations. ARF is also a major public health issue because it may lead to chronic renal failure. Real-time, continuous monitoring of GFR in patients at the bedside is particularly important in the case of critically ill or injured patients, and those undergoing organ transplantation because most of these patients face the risk of multiple organ failure (MOF) resulting in death.⁷⁻¹⁰ MOF is a sequential failing of lung, liver, and kidneys and is incited by one or more severe causes such as acute lung injury (ALI), adult respiratory distress syndrome (ARDS), hypermetabolism, hypotension, persistent inflammation, or sepsis. The transition from early stages of trauma to clinical MOF is marked by the extent of liver and renal failure and a change in mortality risk from about 30% to about 50%.10 Accurate determination of GFR is also necessary for monitoring patients undergoing cancer chemotherapy with nephrotoxic anticancer drugs,11 or those at risk for contrast media induced nephropathy (CIN).12 Finally, GFR measurement is also useful for patients with chronic illness such as diabetes, hypertension, obesity, hyperthyroidism, cystic fibrosis, etc. who are at risk for renal impairment. 13-15

2. Current GFR markers

In order to assess the status and to follow the progress of renal disease, there is a need to develop a simple, accurate, and continuous method for the determination of renal function by non-invasive procedures. At present, endogenous serum creatinine (1) (Fig. 1) concentration measured at frequent intervals over a 24-hour period has been the most common method of assessing renal function despite the well known serious limitations. The results from this analysis are frequently misleading since the value is affected by age, state of hydration, renal perfusion, muscle mass, dietary intake, and many other anthropometric and clinical variables. Theoretical methods for estimating GFR (eGFR)¹⁹⁻²¹ from body cell mass and plasma creatinine concentration have also been developed, but these methods also rely on the above anthropomorphic variables. Moreover, creatinine is

Fig. 1. Structures of Currently Known Exogenous GFR Markers.

partially cleared by tubular secretion along with glomerular filtration, and, as Diskin¹⁷ recently remarked, "Creatinine clearance is not and has never been synonymous with GFR, and all of the regression analysis will not make it so because the serum creatinine depends upon many factors other than filtration." More recently, endogenous cystatin-C has been suggested as an improvement over creatinine, ^{15,20} but this marker also suffers from the same limitations as creatinine, and thus it remains questionable whether it is really an improvement.

In the past several decades, exogenous tracers such as inulin (2), iothalamate (3), iohexol (4), 99mTc-DTPA (diethylenetriaminepentaacetate) (5), and 51Cr-EDTA (ethylenediaminetetraacetate) (6) (Fig.1), have been developed to determine GFR, but all of them require either radiometric, HPLC (high performance liquid chromatography), or X-ray fluorescence methods for detection and quantification.²²⁻²⁹ Unfortunately, all of these markers suffer from various undesirable properties including the use of radioactivity, ionizing radiation, and the laborious ex-vivo handling of blood and urine samples, and the use of HPLC method that render them unsuitable for continuous monitoring of renal function in the clinical setting. Furthermore, inulin as well as other polysaccharides are polydisperse polymers, and availability of these substances in a reliable, uniform batches is a serious limiting factor for their use as GFR markers. Currently, iothalamate and iohexol are the accepted standard for the assessment of GFR. However, iothalmate requires the collection of blood samples and requires HPLC method, which is not well suited for continuous monitoring. Continuous monitoring of GFR has been accomplished via radiometric¹² and magnetic resonance imaging³⁰ techniques, but these are not suitable at the bedside. Hence, the availability of an exogenous marker for the measurement of GFR under specific yet changing circumstances would represent a substantial improvement over any currently available or widely practiced method. Moreover, a method that depends solely on the renal elimination of an exogenous chemical entity would provide an absolute and continuous pharmacokinetic measurement requiring less subjective interpretation based upon age, muscle mass, blood pressure, etc.

3. Development of fluorescent tracer agents

Accordingly, there has been some effort on developing exogenous GFR tracer agents that absorb and emit in the visible or near infrared (NIR) region, which includes small molecules as well as macromolecular bioconjugates such FITC (fluorescien isothicyanate)-inulin and FITC- and Texas Red-dextrans.³¹⁻³⁷ The key requirements for an ideal fluorescent tracer agent are: (a) must be excited at and emit in the visible region ($\lambda \ge \sim 425$ nm); (b) must be highly hydrophilic; (c) must be either neutral or anionic; (c) must have very low or no plasma protein binding; (d) must not be metabolized in vivo, and (e) must clear exclusively via glomerular filtration as demonstrated by equality of plasma clearance with and without a tubular secretion inhibitor such as probenecid.³⁸ The selection of the lead clinical candidate(s) may be based on secondary considerations such as the ease of synthesis, lack of toxicity, and stability. The secondary screening criteria should further take into account the tissue optics properties and the degree of extracellular distribution of the fluorescent tracers. Volume of distribution is an important parameter in the assessment of hydration state of the patient, whereas the absorption/emission properties provide essential information for the design of the probe.

This chapter focuses on the most recent development on luminescent tracers for GFR measurement. There are basically two principal pathways for the design of fluorescent tracers for GFR determination. The first method involves enhancing the fluorescence of known renal agents that are intrinsically poor emitters such as lanthanide metal complexes; and the second involves transforming highly fluorescent dyes (which are intrinsically lipophilic) into hydrophilic, anionic species to force them to clear via the kidneys.³² In the first approach, several europium-DTPA complexes endowed with various molecular 'antenna' to induce ligand-to-metal fluorescence resonance energy transfer (FRET) were prepared and tested.³² Some of metal complexes (e.g. compound 7 exhibited high (c.a. 2000-fold) enhancement of europium fluorescence and underwent clearance exclusively through the kidneys, but whether they cleared exclusively via glomerular filtration remains uncertain. Moreover, the excitation maxima of these complexes remained in the violet or UV-A region.

Fig. 2. Eu-DTPA-Quinoline Complex.

Pyrazines (Fig. 3) are one the very few classes of photostable small molecules having highly desirable properties for various biomedical and non-medical optical applications.³⁹⁻⁴¹ Pyrazine derivatives **8** containing electron donating groups (EDG) in the 2,5 positions and electron withdrawing groups (EWG) in the 3,6 positions such as compounds **9-11** are shown to absorb and emit in the visible region with a large Stokes shift on the order of ~ 100 nm and with fluorescence quantum yields of about 0.4.^{39,40} For example, conversion of the carboxyl group in **8** to the secondary amide derivatives **9** produces a bathochromic (red) shift of about 40 nm, and alkylation of the amino group in **9** produces further red shift of about 40 nm. Thus, the pyrazine nucleus offers considerable opportunity to 'tune' the electronic properties by even simple modifications. Furthermore, the relative small size of pyrazine renders it an ideal scaffold to introduce hydrophilic substituents to bring about renal clearance.

EDG = NR₂, OR, etc.
$$\lambda_{abs}$$
: 410 nm λ_{abs} : 430-450 nm λ_{cm} : 585-605 nm

Fig. 3. Pyrazine Derivatives.

Based on the structure and properties of known GFR tracer agents, and on the primary and secondary considerations stated earlier, the set of GFR tracer agents can be divided finto our categories as outlined in Table 1. The upper and lower quadrants address the tissue optics differences, and the left and right quadrants address volume of distribution (V_d) differences. (V_d) is important not only in affecting clearance rates, but also in the assessment of hydration state of a patient. Tissue optics parameters are important in instrument design in that the longer the wavelength of light, the deeper the penetration into the tissue. Recently, low and high molecular weight hydrophilic pyrazine derivatives 12-15 (Fig. 4) bearing neutral and anionic side chains such as alcohols, carboxylic acids, and polyethylene glycol (PEG) units were reported.⁴¹ The structures of the candidates from each of the four quadrants above are shown in Fig. 2. Unlike inulin, dextran, and other polymers, compounds 13 and 15 are monodisperse. The photophysical and biological properties of these compounds are given in Table 2. Both plasma protein binding and urinary clearance properties are superior to iothalamate, which is a currently used 'gold standard' for clinical GFR measurement. Furthermore, four compounds displayed insignificant all biodegradation.

	Volume of Distribution					
Tissue Optics	Short Wavelength Low Molecular Weight	Short Wavelength High Molecular Weight				
	Long Wavelength Low Molecular Weight	Long Wavelength High Molecular Weight				

Table 1. Design of Exogenous Fluorescent GFR Tracers.

Long Wavelength, Low Molecular Weight

Long Wavelength, High Molecular Weight

Fig. 4. Hydrophilic Pyrazine Derivatives.

	12	13	14	15	Iothalamate
Absorption Maxima, (λ _{max} , nm)		437	488	499	NA
Emission Maxima, (λ _{max} , nm)		558	597	604	NA
Plasma Protein Binding (%)		0	0	3	10
Plasma Clearance Half-Life (min)		25	20	19	32
Injected Dose Recovered in Urine at 6 Hrs (%)		71	88	97	80
Clearance - No probenecid (mL/min)		NA	3.0	3.1	2.5
Clearance - Probenecid, 70 mg/kg (mL/min)		NA	2.4	3.3	2.2

Table 2. Physicochemical and Pharmacokinetic Properties of Pyrazine Tracers.

An in vivo fluorescence image of the renal clearance of compound 13 is shown in Fig. 5. The panel contains images of three mice. The mouse in the middle was administered 300 μ L of a 2 mM solution in phosphate-buffered saline (PBS) of compound 13. The other mice served as controls where the mice received only PBS. Compound 13 distributed throughout the body and then concentrated in one spot in the abdomen. Surgery after the 60 minute time point verified that this highly fluorescent spot in the abdomen was the bladder. Thus, this observation of fluorescence only appearing at the bladder is a visual demonstration of the high percent of injected dose recovered in urine given in Table 2.

4. Real-time monitoring of renal clearance

In vivo noninvasive real-time monitoring of renal clearance, with eventual translation to commercial development, has been demonstrated in the rodent model. A schematic of an apparatus is shown in Fig. 6. A 445 nm solid state laser was directed into one leg of a silica

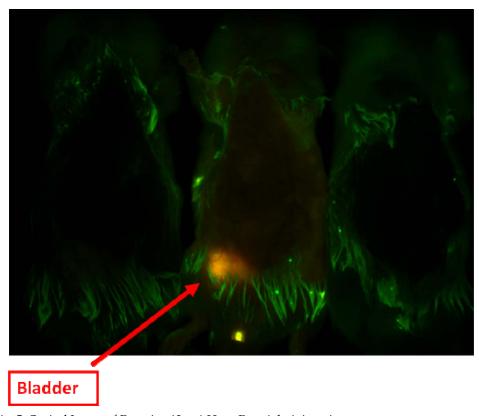


Fig. 5. Optical Image of Pyrazine 13 at 1 Hour Post Administration.

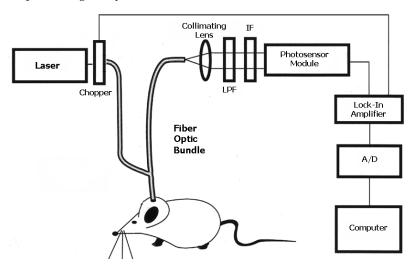


Fig. 6. Apparatus for non-invasive in vivo detection of fluorescence.

bifurcated fiber optic bundle, with the common end of this bifurcated bundle placed approximately 2 mm from the rat ear. The second leg of the bifurcated fiber optic bundle was fitted with a collimating beam probe. A long pass filter and narrow band interference filter were placed in front of a photosensor module. A chopper was placed after the laser and before the launch into the bifurcated cable. The output of the photosensor was connected to a lock-in amplifier. The lock-in output was digitized and the digitized data was acquired by computer using data acquisition software.

Anesthesized Sprague-Dawley rats of weight ~ 400 g were used. A volume of 1 mL of a 0.4 mg/mL concentration in PBS of compound 12 was administered to a rat with normal functioning kidneys and to a rat with a recent bi-lateral nephrectomy. The continuously monitored fluorescent signal is shown in Figure 5. An increase in fluorescence at the ear is immediately seen in both rats. In the normal rat, the fluorescence decreases back to baseline as the kidney removes compound 12 from the body. In the ligated rat, the fluorescence remains elevated with time as the body is unable to remove compound with the kidneys not functioning.

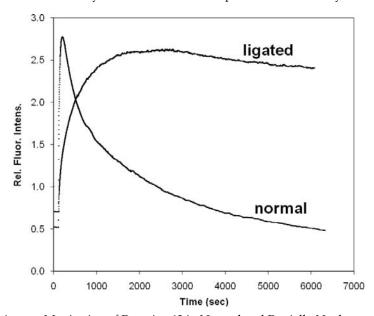


Fig. 7. Continuous Monitoring of Pyrazine 12 in Normal and Partially Nephrectomized Rats.

5. Conclusions

On the basis of the fluorescence properties, plasma protein binding data, the injected dose recovered in urine, the plasma clearance data, and the renal tubular secretion studies, the pyrazine deriviatives **12-15** are promising candidates as exogenous fluorescent tracer agents for the determination of GFR under both chronic and acute settings. In the rat model, these compounds display superior properties compared to iothalamate, which is currently an accepted standard for the measurement of GFR.

A prototype instrument for clinical trials has been developed based on the apparatus in Figure 4. A clinical trial with one of the pyrazine compounds is currently being planned.

The clinical trial will test the safety and efficacy of the tracer agent, as well as refine the instrumentation. Optimization parameters for the instrument include incident light power and power density, light delivery and collection fiber optics, light source and detector, placement of detector on body, and the data acquisition and analysis algorithm.

The addition of a fluorescent GFR tracer agent would be a major addition to the armament of fluorescent compounds in clinical use today. Indocyanine green (ICG) is FDA-approved for use in angiography, cardiac output, and liver function.⁴² Currently, there are on-going clinical trials for lymph node mapping and melanoma imaging using ICG.⁴³ Fluorescein is the only other FDA approved fluorescent agent, used for angiography.⁴² A near-infrared dye for attachment to targeting vectors for optical imaging has been studied for safety and pharmacology, and may soon be ready for human clinical trials too.⁴⁴

6. References

- [1] Ekanoyan, G.; Levin, N. W. In Clinical Practice Guidelines for Chronic Kidney Disease: Evaluation, Classification, and Stratification (K/DOQI), National Kidney Foundation: Washington, D.C., 2002; pp 1–22.
- [2] Stevens, L.A.; Coresh, J.; Greene, T.; Levey, A.S. Assessing kidney function Measured and estimated glomerular filtration rate. The New England Journal of Medicine 2006, 354, 2473-2483.
- [3] C.A. Rabito, L.S.T. Fang, and A.C. Waltman, "Renal function in patients at risk with contrast material-induced acute renal failure: Noninvasive real-time monitoring," *Radiology* 1993, 186, 851-854.
- [4] N.L. Tilney, and J.M. Lazarus, "Acute renal failure in surgical patients: Causes, clinical patterns, and care," *Surgical Clinics of North America* 1983, 63, 357-377.
- [5] B.E. VanZee, W.E. Hoy, and J.R. Jaenike, "Renal injury associated with intravenous pyelography in non-diabetic and diabetic patients," *Annals of Internal Medicine* 1978, 89, 51-54.
- [6] S. Lundqvist, G. Edbom, S. Groth, U. Stendahl and S.-O. Hietala, "Iohexol clearance for renal function measurement in gynecologic cancer patients," Acta Radiologica 1996, 37, 582-586.
- [7] Baker, L. Oppenheimer, and B. Stephens, "Epidemiology of trauma deaths," *American Journal of Surgery* 1980, 140, 144-150.
- [8] R.G. Lobenhoffer, and M. Grotz, "Treatment results of patients with multiple trauma: An analysis of 3406 cases treated between 1972 and 1991 at a German level I trauma center," *Journal of Trauma* 1995, 38, 70-77.
- [9] J. Coalson, "Pathology of sepsis, septic shock, and multiple organ failure," in New Horizons: Multiple Organ Failure, D.J Bihari and F.B. Cerra, Eds., pp 27-59, Society of Critical Care Medicine, Fullerton, CA, 1986.
- [10] F.B. Cerra, "Multiple organ failure syndrome," in New Horizons: Multiple Organ Failure, D.J Bihari and F.B. Cerra, Eds., pp 1-24, Society of Critical Care Medicine, Fullerton, CA, 1989.
- [11] Jennings, S.; de Lemos, M.L.; Levin, A.; Murray, N. Evaluation of creatinine-based formulas in dosing adjustment of cancer drugs other than carboplatin. *Journal of Oncology Pharmacy Practice* 2010, 16, 113-119.
- [12] C.A. Rabito, L.S.T. Fang, and A.C. Waltman, "Renal function in patients at risk with contrast material-induced acute renal failure: Noninvasive real-time monitoring," *Radiology* 1993, 186, 851-854.

- [13] Chagnac, A.; Herman, M.; Zingerman, B.; Erman, A.; Rozen-Zvi, B.; Hirsh, J.; Gafter, U. Obesity-induced glomerular hyperfiltration: its involvement in the pathogenesis of tubular sodium reabsorption. *Nephrology, Dialysis, and Transplantation* 2008, 23, 3946-3952.
- [14] van Hoek, I.; Lefebvre, H.P.; Peremans, K.; Meyer, E.; Croubles, S.; Vandermeulen, E.; Koositra, H.; Saunders, J.H.; Binst, D.; Daminet, S. Short- and long-term follow-up of glomerlular and tubular renal markers of kidney function in hyperthyroid cats after treatment with radioiodine. *Domestic Animal Endocrinology* 2009, *36*, 45-56.
- [15] Beringer, P.M.; Hidayat, L.; Heed, A.; Zheng, L.; Owens, H.; Benitez, D.; Rao, A.P. GFR estimates using cystatin C are superior to serum creatinine in adult patients with cystic fibrosis. *Journal of Cystic Fibrosis* 2009, 8, 19-25.
- [16] Bellomo, R.; Ronco, C.; Kellum, J. A.; Mehta, R. L.; Palevsky, P. Acute Dialysis Quality Initiative workgroup. Acute renal failure - definition, outcome measures, animal models, fluid therapy, and information technology needs: the Second International Consensus Conference of the Acute Dialysis Quality Initiative (ADQI) Group. Crit. Care 2004, 8, R204–R212.
- [17] Diskin, C. J. Creatinine and GFR: an imperfect marriage of convenience. *Nephrol. Dial. Transplant.* 2006, 21, 3338–3339.
- [18] Carrie, B. J.; Goldbetz, H. V.; Michaels, A. S., Myers, B. D. Creatinine: an inadequate filtration marker in glomerular disease. *Am. J. Med.* 1980, 69, 177–182.
- [19] Donadio, C.; Consani, C.; Ardini, M.; Caprio, F.; Grassi, G.; Lucchesi, A. Prediction of glomerular filtration rate from body cell mass and plasma creatinine. Current Drug Discovery Technologies 2004, 1, 221-228.
- [20] C. White, A. Akbari, N. Hussain, L. Dinh, G. Filler, N. Lepage, and G. Knoll, "Estimating glomerular filtration rate in kidney transplantation: A comparison between serum creatinine and cystatin C-based methods," J. Am. Soc. Nephrol, 2005, 16, 3763-3770 and references cited therein.
- [21] Stevens, L. A.; Levey, A. S. Measured GFR as a confirmatory test for estimated GFR. *J. Am. Soc. Nephrol.* 2009, 20, 2305–2313.
- [22] Sturgeon, C.; Sam, A. D.; Law, W. R. Rapid determination of glomerular filtration rate by single-bolus inulin: a comparison of estimation analyses. J. Appl. Physiol. 1998, 84, 2154–2162.
- [23] Wilson, D. M.; Bergert, J. M.; Larson, T. H.; Leidtke, R. R. GFR determined by nonradiolabeled iothalamate using capillary electrophoresis. *Am. J. Kidney Dis.* 1997, 39
- [24] P. Guesry, L. Kaufman, S. Orloff, J.A. Nelson, S. Swann, and M. Holliday, "Measurement of glomerular filtration rate by fluorescent excitation of non-radioactive meglumine iothalamate," *Clinical Nephrology* 1975, 3, 134-138.
- [25] Finco, D.R.; Measurement of glomerular filtration rate via urinary clearance of inulin and plasma clearance of technetium Tc-99m pentetate and exogenous creatinine in dogs. *American Journal of Veterinary Research* 2005, 66, 1046-1055.
- [26] Miyagawa, Y.; Takemura, N.; Hirose, H. Evaluation of a single sampling method for estimation of plasma iohexol clearance in dogs and cats with various kidney functions. *Journal of Veterinary Medical Science* 2010, 72, 271-278.
- [27] Berg, U.; Baeck, R.; Celsi, G.; Halling, S.E.; Homberg, I.; Krmar, R.T.; Monemi, K.A.; Oeborn, H; Herthelius, M. Comparison of plasma clearance of iohexol and urinary clearance of inulin for measurement of GFR in children. *American Journal of Kidney Diseases* 2010, 57, 55-61.

- [28] Schwartz, G.J.; Cole, S.R.; Warady, B.; Munoz, A. Glomerular filtration rate via plasma iohexol disappearance: pilot study for chronic kidney disease in children. *Kidney International* 2006, 69, 2070-2077
- [29] Arsos, G.; Moralidis, E.; Tsechelidis, I.; Sakagiannis, G.; Sidiropolou, V.; Psarouli, E. Measurement of glomerular filtration rate with chromium-51 ethylene diamino tetraacetic acid in the presence of gallium-67 citrate: a novel method for the solution of the problem. Nuclear Medicine Communications 2011, 32, 227-232.
- [30] Choyke, P.L.; Austin, H.A.; Frank, J.A.; Girton, M.E.; Diggs, R.L.; Dwyer, A.J.; Miller, L.; Nussenblatt, R.; McFarland, H.; Simon, T. Hydrated clearance of gadolinium-DTPA as a measurement of glomerular filtration rate. *Kidney International* 1992, 41, 1595-1598.
- [31] Rajagopalan, R.; Neumann, W.L.; Poreddy, A.R.; Fitch, R.M.; Freskos, J.N.; Asmelash, B.; Gaston, K.R.; Galen, K.P.; Shieh, J-J.; Dorshow, R.B. Hydrophilic pyrazine dyes as exogenous fluorescent tracer agents for real-time poin-of-care measurement of glomerular filtration rate. *Journal of Medicinal Chemistry* 2011, 54, 5048-5058.
- [32] Chinen, L.; Galen, K. P.; Kuan, K. T.; Dyszlewski, M. E.; Ozaki, H.; Sawai, H.; Pandurangi, R. S.; Jacobs, F. G.; Dorshow, R. B.; Rajagopalan, R. Fluorescence-enhanced europium complexes for the assessment of renal function. *J. Med. Chem.* 2008, 51, 957–962.
- [33] Rabito, C.A.; Chen, Y.; Schomacker, K. T.; Modell, M. D. Optical, real-time monitoring of the glomerular filtration rate. *Appl. Opt.* 2005, 44, 5956–5965.
- [34] Yu, W.; Sandoval, R. M.; Molitoris, B. A. Rapid determination of renal filtration using an optical ratiometric imaging approach. Am. J. Physiol. Renal Physiol. 2007, 292, F1873– F1880.
- [35] Schock-Kusch, D.; Sadick, M.; Henninger, N.; Kraenzlin, B.; Claus, G.; Kloetzer, H. -M.; Weiss, C.; Pill, J.; Gretz, N. Transcutaneous measurement of glomerular filtration rate using FITC-sinistrin in rats. *Nephrol. Dial. Transplant.* 2009, 24, 2997–3001.
- [36] Wang, E.; Sandoval, R.M.; Campos, S.B.; Molitoris, B.A. Rapid diagnosis and quantification of acute kidney injury using fluorescent ratio-metric determination of glomerular filtration rate in rat. *American Journal of Physiology* 2010, 299(5, Pt. 2), F1048-F1055.
- [37] Qi, Z.; Breyer, M.D. Measurement of glomerular filtration rate in conscious mice. Methods in Molecular Biology 2009, 466(Kidney Research), 61-72.
- [38]Fritzberg, A. R.; Kasina, S.; Eshima, D.; Johnson, D. L. Synthesis and biological evaluation of technetium-99m-MAG₃ as a hippuran replacement. *J. Nucl. Med.* 1986, 27, 111–116.
- [39] Shirai, K.; Yanagisawa, A.; Takahashi, H.; Fukunishi, K.; Matsuoka, M. Synthesis and fluorescent properties of 2,5-diamino-3,6-dicyanopyrazine dyes. *Dyes and Pigments* 1998, 39, 49–68.
- [40] Kim, J. H.; Shin, S. R.; Matsuoka, M.; Fukunishi, K. Self-assembling of aminopyrazine fluorescent dyes and their solid state spectra. *Dyes and Pigments* 1998, 39, 341–357.
- [41] Poreddy, A. R.; Asmelash, B.; Neumann, W. L.; Dorshow, R. B. A highly efficient method for the N-alkylation of aminopyrazines: Synthesis of hydrophilic red fluorescent dyes. *Synthesis* 2010, 2383–2392.
- [42] Alford, R.; Simpson, H. M.; Duberman, J.; Hill, C.G.; Ogawa, M.; Regino, C.; Kobayashi, H.; Choyke, P.L. Toxicity of organic flurophores used in molecular imaging: Literature review. *Molecular Imaging* 2009, *8*, 341-354.
- [43] http://clinical trials.gov
- [44] Marshall, M.V.; Draney, D.; Sevick-Muraca, E.M.; Olive, D.M. Singe-dose intravenous toxicity study of IRDye 800CW in Sprague-Dawley rats. Molecular Imaging and Biology 2010, 12, 583-594.